

# **STAND AGAINST VIOLENCE**

## Week 2 Parent's Guide

Hello and Welcome!

This is the second of our weekly challenges designed to help support you in keep your young people entertained!

This week our topic is bullying. Below you will find 2 links.

### Link 1

This is specifically aimed at some of our younger pupils (KS2) It is designed to be watched before completing the word search and is the Walt Disney adaptation of the Hans Christian Anderson story of the ugly duckling which was based on the Author's own life. Although this is a traditional fairy story with no certified age restrictions, it is a sad tale so please think whether this is something that is appropriate for your child to watch. If not, then proceed straight to the word search!

**The Ugly Duckling – Silly Symphony Video - <https://youtu.be/RCX-mPstrPU>**

### Link 2

For some of our older pupils (KS3) this link is designed to be used with our alphabet grid. The link takes you to the ChildLine website where you will find background information on bullying in the form of Lola's story. Lola is a young girl who has been bullied from the age of 8. Lola explains that she became so low that she did try to self-harm and attempt suicide (no details are given - it is just stated as a fact) before talking to ChildLine and receiving help. Unfortunately, this is a reality for many children like Lola and only by learning about cases like Lola and understanding that it is serious can we hope to stop it, but if you think this is not appropriate for your child to read then either go straight to the alphabet chart, watch the cartoon linked above or talk to your child about what their own experiences of bullying.

Whatever choice you make regarding your child, our alphabet challenge is an activity where we challenge young people to think of 1 word for every letter of the alphabet that can be associated with bullying. It can be emotional like hurtful for H or isolated for I, describing how a person might feel or it can be describing something more technical like targeted for t or repeated for r etc. Some letters are very tough, but you can use a thesaurus or dictionary to help if you like!

<https://www.childline.org.uk/get-involved/real-life-stories/bullying-lolas-story/>



### Family Challenge

We thought it would be good to get families working together on something so we are challenging you to help people feel less alone and isolated by learning a new language...sign language. We have given links to the BDA website and a poster showing how to use your fingers to spell the alphabet. This week we are keeping it simple and asking you to learn to spell each other's names. If that is too easy try saying good morning or asking each other a simple question like 'how are you?'. Check your progress by videoing or timing how long it takes you to spell all the names in your family at the beginning of the week and how quickly you can do it at the end.