

Family Challenge

This week we are focussing on how people that are perceived as different to ourselves can often feel isolated and alone because of those differences. Sadly, sometimes they become victims of bullying. One such community is the deaf community where language barriers and lack of our own ability to understand a different way of communicating, can lead to misunderstanding or ignoring and sometimes avoidance of engaging with people who have a hearing impairment.

Our challenge is therefore to spend time breaking down those barriers by learning to communicate and understand those differences.

Below is a British Sign Language alphabet chart, developed by the British Deaf association and we would like you to over the coming week learn to spell the names of your family members and say hello to them using BSL. You can even video yourselves with your attempts so you can chart your progress!



STAND AGAINST VIOLENCE

British two-handed fingerspelling



A



B



C



D



E



F



G



H



I



J



K



L



M



N



O



P



Q



R



S



T



U



V



W



X



Y



Z

For more information go to: www.signlanguageweek.org